



Brattleboro Retreat

Helpful Information for You after Discharge

We have compiled a list of some resources that may be helpful to you, your family, or friends. Please keep in mind this is not an exhaustive list of resources, and if you are in crisis please call 911, contact your local crisis team, or go to your closest emergency department.

Mental Health Crisis Teams in Vermont

- Clara Martin Center (Orange County)
800-639-6360
- Counseling Services of Addison County (Addison County)
802-388-7641
- Health Care and Rehabilitation Services (Windham and Windsor Counties)
800-622-4235
- Howard Center (Chittenden County)
802-488-7777
- Lamoille County Mental Health Center (Lamoille County)
802-888-8888
- Northeast Kingdom Human Services (Orleans, Essex, and Caledonia Counties)
802-334-6744
- Northwestern Counseling & Support Services (Franklin and Grand Isle Counties)
802-524-6554
- Rutland Mental Health Services (Rutland County)
802-775-1000
- United Counseling Services (Bennington County)
802-442-5491
- Washington County Mental Health (Washington County)
802-229-0591

Vermont Hotlines

- 211 (dial 211 to learn about community resources)
- Peer Support Warm Lines 833-888-2557 (3pm - 6am)
- Pride Center of Vermont: Safe Space 802-863-0003 (M- F hours vary)
- Vermont Crisis Line 800-273-8255, press 1
- Vermont Crisis Text Line #741741 (24 hour help by text)
- Vermont Domestic Violence Hotline: 800-228-7395
- Vermont Sexual Violence Hotline: 800-489-7273

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Substance Abuse Resources in Vermont

- Brattleboro Retreat Outpatient 800-738-7328
- Phoenix House Dublin, NH (residential) 603-563-8501
- Serenity House (residential) 802-446-2640
- Valley Vista (residential) 802-222-5201
- Vermont Recovery Network 802-738-8998
- VTHelpink (statewide resource to help you get what you need) 802-565-5465

Brattleboro Area Resources

- Anna Marsh Clinic (outpatient) 802-258-3700
- Health Care and Rehabilitation Services 800-622-4235
- The Current 802-460-RIDE (7433)
- Groundworks Collaborative (support to those facing housing and food insecurities) 802-257-5415
- Turning Point (safe, supportive center for those affected by addictions and seeking recovery) 802-257-5600
- Virtual IOP/PHP Programs at the Brattleboro Retreat 802-258-3700

Other Vermont Resources

- Choices for Care (nursing home level of care over 18 years) 800-642-5119
- Disability Rights Vermont 802-229-1355
- NAMI-VT 800-639-6480
- Northern New England Poison Center 800-222-1222
- Pathways Vermont Support Line (warm line) 833-888-2557
- Vermont Foodbank Networks 800-585-2265
- Vermont Psychiatric Survivors 802-775-6834

National Hotlines and Resources

- GLBT National Help Center 888-843-4564
- National Domestic Violence Hotline: 800-799-7233
- National Runaway Safeline 800-786-2929
- National Sexual Assault Hotline (RAINN) 800-656-4673
- National Suicide Prevention Hotline 800-273-TALK (8255)
- SAMHSA National Helpline 1-800-662-HELP (4357)
- Sex Trafficking Hotline 888-373-7888
- Trans Crisis Hotline 877-565-8860
- The Trevor Project LGBTQ Crisis Hotline 866-488-7386
- Veterans Crisis Line 800-273-8255, text 838255